

# 7 Habits

## of Highly Impactful Leaders



EMPLIFIED  
SOLUTIONS



## Introduction

Impactful leaders don't just manage—they inspire, influence, and elevate everyone around them. Here are 7 habits they embody every day.



## The 7 Habits

1

### Lead with clarity, not control

Clear direction creates empowered teams. Impactful leaders articulate the "why" and the vision—then trust their teams to figure out the "how." What's a recent win you're proud of—and why?



**Reflection Prompt:** Where might you be micromanaging instead of inspiring clarity and autonomy?

“Clarity breeds confidence. Control breeds compliance.”

2

### Prioritize presence over productivity

Busyness isn't leadership. Being fully present with your team fosters connection, trust, and alignment. Impact happens in the moments you slow down and truly listen.



**Reflection Prompt:** Are you showing up fully—or just showing up?

“Presence is the most powerful leadership skill you can master.”

3

### Ask powerful questions

Great leaders don't always have the answers—they ask better questions. Curiosity invites innovation, ownership, and deeper thinking from those around you.



**Reflection Prompt:** When was the last time you asked a question that sparked growth?

“Questions unlock potential. Answers maintain the status quo.”

## The 7 Habits

4

### Practice radical empathy

Leadership isn't just strategy—it's humanity. Impactful leaders understand and honor the experiences of others, even when they differ from their own.



**Reflection Prompt:** Whose perspective do you need to better understand?

“*Empathy is not weakness. It's your leadership superpower.*”

5

### Give credit, take responsibility

Celebrate others' wins publicly. Own your mistakes privately and transparently. This habit builds deep trust and demonstrates true leadership maturity.



**Reflection Prompt:** Do your team members feel seen and supported by you?

“*A true leader shines a light on others and takes responsibility in the shadows.*”

## The 7 Habits

6

### Stay grounded in purpose

Impactful leaders know their "why" and align daily actions to it. Purpose fuels resilience and clarity in uncertain times.



**Reflection Prompt:** What purpose is guiding your leadership today?

“*Purpose-driven leaders don't just chase results—they create meaning.*”

7

### Commit to continuous growth

Leadership isn't a destination—it's a journey. The best leaders are lifelong learners, constantly evolving and modeling growth for others.



**Reflection Prompt:** Where do you feel called to grow next?

“*Your growth sets the ceiling for your team's potential.*”

## Daily Habit Tracker (Optional)

### Daily Habit Tracker

Consistency creates impact. Use this tracker to integrate the 7 habits into your daily leadership practice.

Habit	Mon	Tue	Wed	Thu	Fri	Sat	Sun
1 Lead with clarity, not control	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2 Prioritize presence over productivity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3 Ask powerful questions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4 Practice radical empathy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5 Give credit, take responsibility	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6 Stay grounded in purpose	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7 Commit to continuous growth	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



### Weekly Reflection

- Which habit felt most natural this week?

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- Which habit was most challenging? Why?

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- One intention for next week:  
Write here...

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## Call to Action

Which habit do you want to strengthen next? Let's elevate your leadership together.

[Book a Breakthrough Call](#)

